Session 1: Empowered by Heaven

GOALS

Main Idea: You are empowered by God's authority and Holy Spirit to overcome challenges and manifest His kingdom on earth.

Head Change: To shift your mindset from passively believing in God's power to actively exercising your God-given authority through faith, prayer, and forgiveness.

Heart Change: To embrace a deeper trust in God's authority and love, igniting a heartfelt commitment to live boldly in faith and to reflect His power and presence in your life.

Life Change: To actively live out your faith by aligning with God's authority, exercising the power of the Holy Spirit, and demonstrating forgiveness.

OPEN

Choose one of the following questions to begin your discussion:

What's an area of your life where you feel like you've been given power but haven't fully "flipped the switch" to use it? How might faith help you activate it?

If you could speak to a "mountain" in your life today, what would you say to it, and how would you remind it of God's authority?

WATCH

Watch session 1: “Empowered by Heaven” (19 minutes).

I. Believers are part of a kingdom where God holds the all authority and power.
II. Believers, through the Holy Spirit, are empowered to exercise God’s authority in their lives.
III. Faith in God is essential to access and utilize the power He provides.
IV. Pronouncement, prayer, and forgiveness are necessary to activate and demonstrate God’s kingdom power.
V. Actively living in God’s authority leads to victory, purpose, and the manifestation of His rule in a believer’s daily life.

DISCUSS

Discuss what you just watched by answering the following questions.

1. How does the analogy of a football team's "home field"—where they rule and dominate—explain the concept of God's kingdom authority on earth?
2. Read Acts 1:3–8. How does Jesus describe the role of the Holy Spirit in empowering believers? What does this reveal about the connection between power and purpose?
3. Reflect on Mark 11:20–25. What do Jesus' instructions about faith, prayer, and forgiveness teach about overcoming obstacles? How do you apply these principles to your challenges?
4. Read Matthew 28:18–20. How does Jesus' declaration of authority shape the mission He gives to His followers? How does this relate to living out kingdom power today?
5. How can practicing forgiveness unlock spiritual power in your life? What is an example of how forgiveness has impacted your relationship with God or others?

REFLECT

Complete the following activities before watching the next session.

Read: Read Psalm 24:1–2. How does recognizing God as the ultimate owner of everything influence your understanding of His kingdom authority in your life?

Write: Describe a “mountain” that is currently dominating your life and how tapping into God’s kingdom authority could actually move that mountain.

Pray: Ask God to open your heart and mind so you can understand the kingdom power He wants you to have and so you will know how to use.